

Go to [www.heyradio.com](http://www.heyradio.com) for details or register online at [www.runsignup.com](http://www.runsignup.com)

# HEY 5K



# august 11

sponsored by

# GENIUS PHONE REPAIR

Run through the downtown city streets of Muskegon during the Unity weekend

Race Start Time	August 11 <sup>th</sup>	8:00 am	This event will take place at the Historic Train Depot also known as the Convention and Visitors Bureau 610 West Western Avenue Downtown Muskegon Across Shoreline Drive from the Heritage Landing
Early Packet Pickup	August 10 <sup>th</sup>	3:00 pm – 5:00 pm	
Race Day Check in	August 11 <sup>th</sup>	6:45 am – 7:45 am	

### Entry Fee Options

<b>Runners Registration</b> (through July 31) <b>\$25</b> with shirt <b>\$20</b> no shirt  <b>Walkers Registration</b> (through July 31) <b>\$20</b> with shirt <b>\$18</b> no shirt	<b>Runners Registration</b> (August 1 through 12) <b>\$30</b> with shirt <b>\$25</b> no shirt  <b>Walkers Registration</b> (August 1 through 12) <b>\$25</b> with shirt <b>\$20</b> no shirt	<h3>Family / Group Rates</h3> Families of 4 or more \$15 each (No shirt) Groups of 10 or more \$15 each (No shirt)  Add \$10 for each shirt. Please provide one separate entry form for each participant. Mail all group entries in one envelope before August 1. No group rates after August 1
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### Age groups & Awards

9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> awards for overall male and female in each age group as well as Master, and Grand Master awards male and female.
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Register online at [www.goracego.com](http://www.goracego.com) (\$3 online service charge applied) or fill in the form below. Detach and mail in with your payment

----- Detach here -----

<b>EVENT (circle one)</b>	5K run	5K walk	<b>GENDER (circle one)</b>				male	female
<b>SHIRT SIZE</b>	Small	Medium	Large	X-Large	2X-Large	3X-Large	<b>NO SHIRT</b>	
<b>E-mail address</b>	[Grid for email address]							
<b>First Name</b>				<b>Last Name</b>				
<b>St. Address</b>		<b>City</b>			<b>State</b>		<b>Zip code</b>	
<b>Date of Birth mm/dd/yy</b>	[Grid]		<b>Age on race day</b>		<b>Phone</b>		[Grid]	
In consideration of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any claims I may have against the City and/or County of Muskegon, the Race Director, Race Officials, any persons or organizations connected to this event or any sponsors involved in the HEY 5K Run/Walk. I certify that I am physically able to participate in this event knowing full well that a road race is a potentially dangerous event and I assume all responsibility.								
<b>Signature of runner</b> (required)				<b>Signature of parent</b> (required if runner is under 18)				
<b>Mail to</b>	HEY Radio PO Box 1511 Muskegon, MI 49443 Phone: 231-563-6280				Proceeds benefit Muskegon's <b>Hey Radio 88.9 FM</b> A nonprofit, all volunteer public radio station, broadcasting from North Muskegon. Race Director: Bill Erickson			