

Go to www.heyradio.com for details or register online at www.goracego.com



Run through the downtown city streets of Muskegon during the Unity weekend

Race Start Time	August 11 th	8:00 am	This event will take place at the Historic Train Depot also known as the Convention and Visitors Bureau 610 West Western Avenue Downtown Muskegon Across Shoreline Drive from the Heritage Landing
Early Packet Pickup	August 10 th	3:00 pm – 5:00 pm	
Race Day Check in	August 11 th	6:45 am – 7:45 am	

Entry Fee Options

Runners Registration (through July 31) \$25 with shirt \$20 no shirt Walkers Registration (through July 31) \$20 with shirt \$18 no shirt	Runners Registration (August 1 through 12) \$30 with shirt \$25 no shirt Walkers Registration (August 1 through 12) \$25 with shirt \$20 no shirt	<p align="center">Family / Group Rates</p> Families of 4 or more \$15 each (No shirt) Groups of 10 or more \$15 each (No shirt) Add \$10 for each shirt. Please provide one separate entry form for each participant. Mail all group entries in one envelope before August 1. No group rates after August 1
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Age groups & Awards

9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+	1 st 2 nd 3 rd awards for overall male and female in each age group as well as Master, and Grand Master awards male and female.
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Register online at www.goracego.com (\$3 online service charge applied) or fill in the form below. Detach and mail in with your payment

----- Detach here -----

EVENT (circle one)	5K run	5K walk	GENDER (circle one)				male	female				
SHIRT SIZE	Small	Medium	Large	X-Large	2X-Large	3X-Large	NO SHIRT					
E-mail address												
First Name					Last Name							
St. Address			City			State		Zip code				
Date of Birth mm/dd/yy					Age on race day		Phone					

In consideration of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any claims I may have against the City and/or County of Muskegon, the Race Director, Race Officials, any persons or organizations connected to this event or any sponsors involved in the HEY 5K Run/Walk. I certify that I am physically able to participate in this event knowing full well that a road race is a potentially dangerous event and I assume all responsibility.

Signature of runner (required)	Signature of parent (required if runner is under 18)
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Mail to	HEY Radio PO Box 1511 Muskegon, MI 49443 Phone: 231-563-6280	Proceeds benefit Muskegon's Hey Radio 88.9 FM A nonprofit, all volunteer public radio station, broadcasting from North Muskegon. Race Director: Bill Erickson
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